Executive Proclamation

State of South Dakota
Office of the Governor

Whereas, Over 90 million Americans today are family caregivers for their loved ones, and a large number of them are providing care 24 hours a day, 7 days a week; and,

Whereas, Although caregiving can be a rewarding experience, it is not without its consequences such as stress, poor health, and caregiver burnout; and,

Whereas, Six out of ten family caregivers juggle everyday life tasks such as preparing the children for school, managing household responsibilities, managing medications for loved ones, and work full-time or part-time; and,

Whereas, Caregiving affects the whole family, family time and mealtime are extremely important in the caregiving setting to ensure the caregiver and family members get the proper nutrition for maintaining strength, energy, stamina, and a positive attitude; and,

Whereas, Making time for yourself and the family protects a family caregiver's own health, strengthens family relationships, prevents burnout, and provides the caregiver a chance to take a breather and re-energize in order to be a good caregiver; and,

Whereas, With the responsibility of family caregivers in our country which is growing every year, it is essential to encourage these caregivers to take some time for respite so they may continue their mission of providing loving care that only they can provide:

Now, Therefore, I, Dennis Daugaard, Governor of the state of South Dakota, do hereby proclaim November 2017 as

FAMILY CAREGIVERS MONTH

in South Dakota.

In Witness Whereof, I have hereunto set my hand and caused to be affixed the Great Seal of the state of South Dakota, in Pierre, the Capital City, this Twelfth Day of October in the Year of Our Lord, Two Thousand and Seventeen.

Dennis Daugaard, Governor

Attest:

Shantel Krebs, Secretary of State